

# Dance

Length Of Course: One Year (10 Credits)

Grade Level: 9-12

Prerequisite(S): None

Text: None

Course Description:

Dance involves student participation in various aspects of movement. The student will obtain aesthetic perception and valuing, creative expression, and will study dance heritage. These goals will be accomplished by various activities and performances throughout the course. Expression, exploration of dance style and forms will take place through creative development of space, time, and force.

Unit Sequence:

Basic skills involved in dance, covered in all forms: walk, run, skip, jump, hop or leap, slide, and turn.

Unit I - Street/Jazz Dance

- A. Modern form of dance, related to today's music
- B. Specific dance forms and skills involved
  - 1. Electric slide - slide, walk, and turn
  - 2. Kid n' Play - walk, turn, and jump
  - 3. Roger Rabbit - skip, hop, and walk
  - 4. Running Man - run, skip, and slide
  - 5. MC Hammer Slide - slide and walk
  - 6. MC Hammer - leap, skip, and jump

Unit II - Folk Dance

- A. Basic folk dance steps
  - 1. Two-step - (walk) quick, quick, slow
  - 2. Schottische - (run) 3 small steps, (hop)
  - 3. Polka - (walk) step, close, step, (hop)
  - 4. Mazurka - (walk) high brush step, close, (hop)
- B. Demonstrate folk dances from other cultures, discuss its originality and significance to the culture.

Unit III - Ballroom Dance

- A. Dances covered:

1. Fox trot
2. Jitterbug
3. Waltz
4. Tango
5. Cha Cha
6. Samba

B. All dances are introduced with the basic rhythm and at least three variations.

C. Dancers are taught the lead and follow roles.

#### Unit IV - Western Dance

A. Includes line and circle dancing with the following steps involved: walk, run, gallop, skip, leap, jump, hop, turn, stomp, and heel to toe.

#### Unit V - Square Dance

A. Dances include the same steps as with western dancing

B. Basic square dance calls taught:

1. Circle
2. Forward and back
3. Dos-a-dos
4. Promenade
5. Chain
6. Allemande
7. Right hand turn
8. Star
9. Grant right and left

#### Unit VI - Mini Units of Specialized Dance Areas

A. Hula

B. Tap

C. 50's and 60's modern dance

D. Disco

E. Ballet

F. Funk

G. Belly

#### Unit VII - Choreography

A. Throughout each unit, students are expected to choreograph a dance segment of complete dance in accordance to the specific dance form studied.

B. The students are expected to evaluate their dances and others through actual viewing and from videos.

C. The students view professional dance videos to learn new dance moves.

D. The students are expected to perform choreographed routine.

Methods Of Evaluation:

1. Subjective evaluation by instructor in the following areas:
  - a. Student performance (use of proper skills taught)
  - b. Use of safety rules
  - c. Student self-evaluation and demonstration
  - d. Video tape portfolio